SAFETY AT HOME





Partnership Network of Finnish Rescue Services

FOR THE READER

This Safety at Home guide contains advice that can help you improve the safety of your home. You will also find instructions on what to do in the case of an emergency. At the end of the guide, you will find a checklist to help you evaluate issues related to your safety.

Partnership Network of Finnish Rescue Services, October 2023				
Working group:	Joint safety communication working group of Helsinki City Rescue Department, Eastern Uusimaa Emergency Services Department, Central Uusimaa Rescue Department and Western Uusimaa Rescue Department.			
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Modified version of the 2015 guide "Safety at home" produced by Eteva and Central Uusimaa Rescue Department.				

When to call the emergency number 112

The emergency number is

112

Dial the emergency number if a situation threatens

life

- health
- property
- environment.

My name	Γ		
My home address		When you call the emergency number, tell who you are and	
My municipality		where you are calling from.	
My telephone number			



Answer the questions and follow the instructions.

Do not hang up until you get the permission to do so.

A safe and clean home



In a messy home, you may trip and hurt yourself.

Exiting a messy home in an emergency is difficult.



Keep your home clean!



Keep your keys and phone where they are easy to find.

In the kitchen



Do not store anything on the stove.



Keep the stove surroundings clean.



Do not put aluminium foil or metal dishes into the microwave.

Safe use of electrical devices



Switch off devices when not using them.



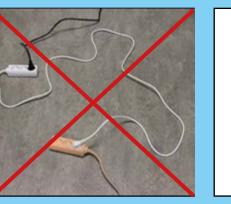
Do not use broken electrical devices.



Unplug the charger when the device is fully charged. A charger left in a socket may cause a fire.

Safe use of electrical devices





Use only one extension cord. Connecting them may cause an overload and a fire.



Use extension cords with an on/off switch.

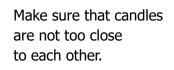
Switch them off when you leave home. Also switch them off at night.

Candles



Candles can cause a fire. Do not leave burning candles unattended.





Use a heat-resistant and stable candleholder.



Candles with batteries are safer than regular candles.

Smoking



If you smoke, only smoke outside.



Throwing a cigarette stub on the ground may cause a fire.



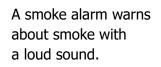
Extinguish your cigarette properly using a cigarette bin or ashtray.

What to do in case of fire



Fire produces smoke. Smoke is dangerous.





Test your smoke alarm regularly.



If your home is on fire, leave.

What to do in case of fire

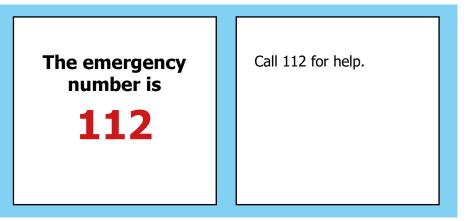


Close the door behind you when leaving. Closed doors can slow down the fire and prevent smoke from spreading.



Do not enter a smoky area.

If the emergency exit is filled with smoke, stay inside.



Your own safety



	yes	no
I know the emergency number.	\odot	$\overline{\boldsymbol{\bigotimes}}$
I remember my home address.	\odot	$\overline{\mathbf{i}}$
^I My home is clean. My floors are clear of things that I could trip on.	\odot	$\overline{\mathbf{i}}$
I keep my phone and house keys where they are easy to find.	\odot	$\overline{\mathbf{i}}$
I keep my stove and its surroundings clean.	\odot	$\overline{\boldsymbol{\bigotimes}}$
¹ My electrical device at home are not damaged.	($\overline{\mathbf{S}}$
I switch off my electrical devices when I am not using them.		$\overline{\mathbf{i}}$
I know what kind of dishes can be put into the microwave.		$\overline{\mathbf{i}}$
I have a working smoke alarm in my home.	\odot	$\overline{\boldsymbol{\bigotimes}}$
I know what to do if my smoke alarm sounds.	\odot	$\overline{\boldsymbol{\bigotimes}}$